

Bring It On

64 count, 4 wall, intermediate level

Choreographer: Robbie McGowan Hickie (UK) Oct 03

Choreographed to: Bring It On by The Deans CD

Love Letters, BPM:122

Intro/Count In:16

2 x Walks Forward. Right Shuffle Forward. Forward Rock. Left Shuffle Half Turn Left.

- 1 – 2 Walk forward on Right. Walk forward on Left.
3&4 Right shuffle forward stepping Right. Left. Right.
5 – 6 Rock forward on Left. Rock back on Right.
7&8 Left shuffle back turning 1/2 turn Left stepping Left. Right. Left. (Facing 6 o'clock)

2 x Walks Forward. Right Shuffle Forward. Forward Rock. Left Shuffle Half Turn Left.

- 9 – 16 Repeat above Counts 1 – 8. (Now Facing 12 o'clock)

Cross Rock. Chasse Right. Cross. Side. Left Sailor Quarter Turn Left.

- 17 – 18 Cross rock Right over Left. Rock back on Left.
19&20 Step Right to Right side. Close Left beside Right. Step Right to Right side.
21 – 22 Cross step Left over Right. Step Right to Right side.
23&24 Cross Left behind Right turning 1/4 turn Left. Step Right beside Left. Step slightly forward on Left.

Rocking Chair Steps. Step Forward. Half Turn Left. Right Shuffle Back.

- 25 – 28 Rock forward on Right. Rock back on Left. Rock back on Right. Rock forward on Left. (Facing 9 o'clock)
29 – 30 Step forward on Right. On ball of Right, turn 1/2 turn Left stepping back on Left.
31&32 Right shuffle back stepping Right. Left. Right. (Facing 3 o'clock)

Back Rock. Left Kick-Ball-Change x 2. Step forward. Touch and Clap.

- 33 – 34 Rock back on Left. Rock forward on Right.
35&36 Kick Left foot forward. Step ball of Left beside Right. Step Right in place.
37&38 Kick Left foot forward. Step ball of Left beside Right. Step Right in place.
39 – 40 Long step forward on Left. Touch Right beside Left and Clap.

Side Rock & Step Forward (Right & Left). Forward Rock. Right Coaster Cross.

- 41&42 Rock Right to Right side. Recover weight on Left. Step forward on Right.
43&44 Rock Left to Left side. Recover weight on Right. Step forward on Left.
45 – 46 Rock forward on Right. Rock back on Left.
47&48 Step back on Right. Step Left beside Right. Cross step Right over Left.
Note: Travel forward on Counts 41 – 44

Side Step Left. Slide. Left Cross Shuffle. Side Step Right. Slide. Right Cross Shuffle.

- 49 – 50 Long step Left to Left side – pushing hips Left. Slide Right beside Left. (Weight on Right)
51&52 Cross step Left over Right. Step Right to Right side. Cross step Left over Right.
53 – 54 Long step Right to Right side – pushing hips Right. Slide Left beside Right. (Weight on Left)
55&56 Cross step Right over Left. Step Left to Left side. Cross step Right over Left.
Optional Arm Movements: Spread Arms Out To Each Side on Counts 49 – 50 and 53 – 54

Forward Rock. Left Shuffle Half Turn Left. Right Shuffle Half Turn Left. Left Coaster Step.

- 57 – 58 Rock forward on Left. Rock back on Right.
59&60 Left shuffle back turning 1/2 turn Left stepping Left. Right. Left.
61&62 Right shuffle forward turning 1/2 turn Left stepping Right. Left. Right.
63&64 Step back on Left. Step Right beside Left. Step forward on Left. (Facing 3 o'clock)

Start Again

Ending: Music ends during 7th repetition ... To finish with the music ... Dance to Count 14 (Rock Step Forward)
Then – Sep Back on Left – spread arms out to each side & Pose!!! (Ends Facing 12 o'clock Wall)