

CAUGHT IN THE ACT

Choreographed by: Ann Wood (UK) Feb 04
 Music: Who's Been Sleeping In My Bed by Glenn Frey
 Descriptions: 64 count - 4 wall - Intermediate level line dance

Start on vocals

RIGHT KICK BALL CROSS X 2 ROCK ROCK SAILOR STEP

1 & 2 Kick rt foot fwd diagonally rt, step rt foot down, cross step left foot over right
 3 & 4 Repeat counts 1 & 2
 5 - 6 Rock right foot to right side, recover onto left
 7 & 8 Step rt foot behind lt, step lt beside rt, step rt foot beside lt

RIGHT KICK BALL CROSS X 2 ROCK ROCK SAILOR ¼ TURN

9 & 10 kick lt foot fwd diagonally lt, step lt foot down, cross step right foot over left
 11 & 12 repeat counts 9 & 10
 13 - 14 rock left to left side, recover onto right foot
 15 & 16 step lt foot behind rt, step rt foot down making ¼ turn left, step lt fwd

ROCK ,ROCK ,RIGHT COASTER STEP, ROCK ,ROCK TRIPLE ½ TURN TO LEFT

17 - 18 Rock forward on right, rock back on left
 19 & 20 Step back on right step left beside right step, step forward on right
 21 - 22 Rock forward on left, rock back on right
 23 & 24 Shuffle ½ turn left stepping left, right, left (3 o'clock)

SYNCOPATED FORWARD ROCK STEPS, BACK LEFT SHUFFLE, ROCK STEP

25 - 26 Rock forward on right, rock back on left
 & 27 - 28 Step right quickly beside left rock forward on left rock back on right
 29 & 30 Shuffle back stepping left, right, left
 31 - 32 Rock back on right, rock forward on left

RT AND LT TOUCH HOLDS, RT & LT HEEL SWITCHES, STEP FWD, ¼ PIVOT TURN LEFT

33 - 34 Touch rt to rt side, hold one count
 &35 - 36 Step rt down, touch lt to lt side, hold for one count
 & 37 & 38 Step lt down, touch rt heel fwd, step right down, touch lt heel fwd
 &39 - 40 Step lt down, step right fwd make ¼ pivot turn left. (12 O' clock)

CROSS SHUFFLE, HINGE TURN TO RT, CROSS ROCK ,SIDE SHUFFLE

41 &42 Cross rt over left, step lt to left, Cross rt over left
 43 - 44 Make ¼ turn rt stepping on lt, make 1/4 turn right steppingrt beside lt
 45 - 46 Cross rock left over rt recover onto rt
 47 & 48 Side shuffle to left stepping lt, rt, lt

CROSS TOUCH, SLOW HEEL JACKS

49-50 & Cross step rt over lt touch lt toe to rt heel step lt down
 51 - 52 Touch rt heel diagonally fwd, hold
 & 53 - 54 Step down on rt, cross lt over rt, hold
 & 55 - 56 Step down on rt, touch lt heel diagonally forward, hold

CROSS, ¼ TURN RT, COASTER STEP, WALK,WALK, SHUFFLE

&57 - 58 Step lt down, cross step rt over lt, make ¼ turn rt stepping back on lt
 59 & 60 Step rt back, step lt beside rt, step fwd rt
 61 - 62 Walk forward stepping lt, rt
 63 - 64 Shuffle fwd lt, rt, lt

Yipee
 Singapore