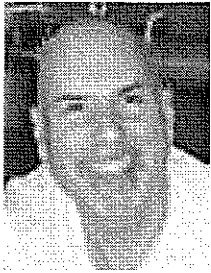


STEPPIN' OFF



THE Page

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Approved by:

Frank Trace

Duck Soup

4 WALL - 32 COUNTS - BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Chasse Right, Back Rock, Chasse Left, Rock 1/4 Turn		
1 & 2	Step right to right side. Close left beside right. Step right to right side.	Side Close Side	Right
3 - 4	Rock back on left. Recover onto right.	Back Rock	On the spot
5 & 6	Step left to left side. Close right beside left. Step left to left side.	Side Close Side	Left
7 - 8	Rock back on right. Recover onto left making 1/4 turn right. (3:00)	Rock Turn	Turning right
Section 2	Toe Strut x 2, Step, Pivot 1/2, Forward Shuffle		
1 - 2	Step right toe forward. Drop right heel taking weight.	Toe Strut	Forward
3 - 4	Step left toe forward. Drop left heel taking weight.	Toe Strut	
5 - 6	Step right forward. Pivot 1/2 turn left. (9:00)	Step Turn	Turning left
7 & 8	Step right forward. Close left beside right. Step right forward.	Right Shuffle	Forward
Section 3	Forward Rock, Coaster Step, Side, Touch, Side, Touch		
1 - 2	Rock forward on left. Recover onto right.	Forward Rock	On the spot
3 & 4	Step left back. Step right beside left. Step left forward.	Coaster Step	
5 - 6	Step right to right side. Touch left beside right.	Side Touch	Right
7 - 8	Step left to left side. Touch right beside left.	Side Touch	Left
Section 4	Boogie Walk Back, Side, Touch, Side, Touch		
1 - 4	Boogie walk back, stepping - right, left, right, left.	Boogie Walk	Back
Note	Knees together, arms at side, index fingers pointing down, move right shoulder down as you step right back, left shoulder down as you step back left etc		
5 - 6	Step right to right side. Touch left beside right.	Side Touch	Right
7 - 8	Step left to left side. Touch right beside left.	Side Touch	Left

Choreographed by: Frank Trace (USA) June 2008

Choreographed to: 'Restless' by Shelby Lynne (144 bpm) from CD Restless;
also available from iTunes or tescodigital (24 count intro - start on vocals)

Music Suggestions: 'Peroxide Blonde In A Hopped Up Model Ford' by Brian Setzer;
Go Jimmy Go by Jimmy Clanton



A video clip of this dance is available at
www.linedancermagazine.com



Music available on Higher & Higher CD available from
www.linedancermagazine.com
or call 01704 392300