



Twist With The Fat Boys

Choreographed by Roy Verdonk & Wil Bos

Description: Phrased, 4 wall, intermediate line dance

Music: The Twist by Fat Boys & Chubby Checker

Sequence: 16-count intro, ABB, ABB, ABB, AB, A till end
Start dancing on lyrics

PART A

PULP VISION WITH HEEL BOUNCES, SAILOR STEP RIGHT, SAILOR STEP LEFT

1-2-3-4 Move right hand from left to right in front of eyes to right while you bounce your right heel
5&6 Right sailor step
7&8 Cross left behind right, step right to side, step left together

HEEL TOE SWIVEL (X3), CLAP, TOE STRUT RIGHT, TOE STRUT LEFT

1-2-3-4 Swivel heels left, swivels toes left, swivel heels left, clap
5-6 Step right forward toes, step down on right heel
7-8 Step left forward toes, step down on left heel

STEP FORWARD RIGHT, TURN ½ LEFT, STEP FORWARD RIGHT, TURN ½ LEFT, STOMP FORWARD RIGHT, SWIVEL LEFT HEEL, TOE, HEEL

1-2 Step right forward, turn ½ left (weight to left)
3-4 Step right forward, turn ½ left (weight to left)
5-6-7-8 Stomp right forward, swivel heel left inwards right, swivel toes left inwards right, swivel heel left inwards right

OUT LEFT, OUT RIGHT WITH CLAP, IN RIGHT, IN LEFT WITH CLAP, STOMP FORWARD RIGHT, BOUNCE LEFT AND RIGHT TURN ¼ LEFT WITH CHICKEN HEAD!

&1-2 Jump out forward right, jump out forward left (feet shoulder width apart), clap
&3-4 Jump in back right, jump in back left (feet together), clap
5-6-7-8 Stomp right forward, bounce on both heels turn ¼ left while nod head forward, back

CROSS RIGHT, POINT LEFT, CROSS LEFT, POINT RIGHT, CLOSE, STOMP FORWARD LEFT, HOLD (FOR 3 COUNTS)

1-2 Cross right over left, point toes left to the left side
3-4 Cross left over right, point toes right to the right side
&5 Close right together, stomp left forward
6-7-8 Hold for 3 counts

CLOSE LEFT, STEP RIGHT, TURN ½ LEFT IN 7 COUNTS AND WALK WITH WOBBLING KNEES!

&-1 Left beside right, step right forward
2-8 Walk in seven counts a turn ½ left, and push your knees in and out. (weight ends on left)

PART B

STEP RIGHT WITH HIP BUMP RIGHT TWICE, STEP LEFT WITH HIP BUMP LEFT TWICE, HIP ROLL TO THE LEFT

1-2 Step right to the right side and bump right hip to the right twice
3-4 Bump hips left to left side (twice)
5-6-7-8 Roll your hips in a circle 2 times to the left

ROLLING VINE RIGHT, CLAP, ROLLING VINE LEFT, CLAP

1-2 Turn ¼ right and step right forward, ½ right step left back
3-4 Turn ¼ right and step right to side, clap
5-6 Turn ¼ left and step left forward, turn ½ left and step right back

7-8 Turn $\frac{1}{4}$ left and step left to side, clap

SLOW DIAGONAL RIGHT SHUFFLE FORWARD, HOLD, SLOW DIAGONAL LEFT SHUFFLE FORWARD, HOLD

1-2-3-4 Step right diagonally forward, close left together, step right diagonally forward, hold

5-6-7-8 Step left diagonally forward, close right together, step left diagonally forward, hold

Hand movements; on count 1-3-5-7 when you step forward use your hands like pulling yourself forward

JAZZ BOX CROSS TURN $\frac{1}{4}$ RIGHT, DIAGONAL HAND PUSH FORWARD WITH HIP BUMP BACK (TWICE)

1-2 Cross right over left, $\frac{1}{4}$ right step left back

3-4& Step right to side, cross left over right, step right to side

5 Push both hands left forward diagonal while you push your bum back right

Stretch knees right & left back

6 Recover right & left center

6-7 Take weight on left push both hands right forward diagonal while your bum back left

Stretch knees right & left back

8 Recover right & left center

Roy Verdonk | Website: <http://www.royverdonk.com>

Wil Bos | EMail: wbos1@chello.nl | Website: <http://www.wbos.nl>

Phone: +31(0)40-2621545

Print layout ©2005 - 2011 by Kickit. All rights reserved.